

Orthopedic Issues in Aging: A Continuing Education Module for the Academy of Geriatric Physical Therapy

MODULE CHAPTERS

1. Addressing the Issue of Fall Risk for Adults with Intellectual Developmental Disabilities
Part I: A Call to Physical Therapists to Improve Access to Physical Therapy
2. Addressing the Issue of Fall Risk for Adults with Intellectual Developmental Disabilities
Part II: Selecting and Analyzing Fall Measures for Adults with Intellectual Developmental Disabilities
3. Addressing the Issue of Fall Risk for Adults with Intellectual Developmental Disabilities
Part III: Creating Solutions with Community Fall Prevention and Inclusive Recreation Programs for Adults with Intellectual Developmental Disabilities
4. Initial description of a Rehabilitation Care Model for Patients with Neurocognitive Impairment and Orthopaedic Injury
5. Orthopaedic Surgery: A Cognitive Health Challenge
6. Considerations in Working with the Older Adult with Spine Deformity

AUTHORS

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REFERENCE LIST

References can be found at the end of each chapter in the module.

OBJECTIVES

1. Understand the risks and consequences of falls for older people with

- intellectual and/or developmental disabilities (IDD).
2. Discuss the needs of older adults with IDD with high fall risk for physical therapy and fall prevention programs.
3. Justify fall risk screening assessment tools that are appropriate to administer to older persons with IDD.
4. Outline a proactive approach to screen, assess, and prescribe individualized and targeted community-based intervention programs for people with IDD.
5. Describe the principles of neurocognitive engagement theory (NET).
6. Construct a NET care plan for a patient with dementia who is also recovering from hip surgery.
7. Explain postoperative cognitive dysfunction (POCD) and state how POCD it can be managed by physical therapists.
8. Study key elements of an examination of a person with adult spinal deformity (ASD).
9. Construct an ASD care plan approach.

TARGET AUDIENCE

Physical Therapists and Physical Therapist Assistants

CONTACT HOURS/CONTINUING EDUCATION UNITS

Completion of the CE Module is equivalent to 4 contact hours. This converts to .4 Continuing Education Units.

CONTINUING EDUCATION CERTIFICATE OF COMPLETION

A Continuing Education certificate will be provided to each participant after successful completion of the course requirements (post-test and module evaluation) and payment of a processing fee. The Academy of Geriatric Physical Therapy is a recognized component of the American Physical Therapy Asso-

ciation. The Academy has not applied to any state licensure agency for prior approval of this course. The module has all the components (content, objectives, qualified instructors, reference lists, and post-test) that will allow participants to submit the certificate of completion to meet CE requirements in some states. Participants are urged to check with their State Licensure Board to see if this course counts towards continuing education credit.

HOW TO OBTAIN CEUs

To obtain CEUs for this continuing education unit, participants must complete the ONLINE post-test as well as the ONLINE evaluation form. Go to <http://geriatricspt.org/exams/>

A processing fee of \$40.00 for Academy of Geriatric Physical Therapy members and \$80.00 for non-members is required. Read the module and complete the post-test and the evaluation online and provide payment online. **Test and evaluation forms must be completed online no later than December 31, 2018.** Upon submission of materials and a passing score of 80% or higher on the post-test, the Academy will email you a continuing education certificate for .4 CEUs. Those with incomplete submissions will be notified via email and given the opportunity to re-take the exam. There is only ONE correct answer for each question. NOTE: This is to be performed ONLINE ONLY at <http://geriatricspt.org/exams/>